

Lena Armstrong

The O'Agency
(505)344-3149

SAG*AFTRA*AEA
Height: 5'7"
Weight: 120 lbs.

Mezzo-Soprano
Hair: Brown
Eyes: Brown

FILM/TELEVISION

Bless Me Ultima	Principal	Carl Franklin
Kink, Inc.	Lead	Casey Clark
Law and Order (In Vino Veritas)	Principal	Tim Hunter
Dandelion Man	Principal	Peter Bolte
Photophobia	Principal	Ted Smits
Smuggler	Principal	Chris Thomas
Dueces Wild	Supporting	Scott Kalvert
Lightin Up	Supporting	Reed Randoy
The Kite	Supporting	Jay Miracle
Rimba's Island	Series Regular	Fox T.V.
Bob's Bungalow	Series Regular	Bob Rodriguez

COMMERCIALS/VOICEOVERS (List/tape available upon request)

OFF BROADWAY

Afternoon Sun	Woman	Workshop Theatre/Rich Orloff
Interim	Woman	Playwrights Horizons(reading)
Five Women Wearing the Same Dress	Trisha	Melanie Moyer/Michael Chekhov
Les	Trina	Theater For The New City
Dreammakers Perdition	Linda	Guil Parrerias/Big Little Theatre
Light on the Golden Slipper	Benedikta	Andrew Oswald/One Arm Red
Shirley at the Tropicana	Dancer	Chris Henry/A.T.A.

REGIONAL

Pygmalion	Multiple roles	Derek LaSalla/Cyprus
A Night of Strange Loving	Jackie	Leigh Fortier/Hudson Theatre
Theatre Extempore	Longform Improv	R.G. Brown/Improv Olympics
Brother Like Me	Carmen	Neil Babins/Limelight Playhouse
Octette Bridge Club	Betsy	Stan Roth/A.A.D.A.
To Gillian On Her 37 th B-day	Kevin	Shirley Jo Finney/A.A.D.A.
Best Little Whorehouse in Texas	Shy	John Peck/A.A.D.A.
A Chorus Line	Cassie	Dana Landers/A.A.D.A.

TRAINING

Scene Study	Steve Beauchamp(NY)
Vocal Coaching	Vanessa Parvin(NY)
Dusa Conservatory	Piero Dusa(LA)
On Camera Cold Reading	Jeremiah Comey(LA)
Vocal Production	Jo Monteleone, Florence Riggs(LA)
American Academy of Dramatic Arts	Madonna Young, Harvey Solin, Betty Carlin(LA)

SPECIAL SKILLS

Bilingual(Spanish), Personal Trainer, Biking, Roller skating, Tennis, Aerobics, Yoga, Pilates, Swimming, Hiking.

*Professional Dancer: Ballet, Jazz, Modern, Hip-Hop, Salsa,Tango.(Resume/tape available)